

Home/Remote Learning

The information we are trying to share is coming out at great speed and I really do not want the important links we are trying to share being lost in the thread. Our news on the **Home** tab of our website is moved to the **School News** page once new items are added. I have added all the links shared this week on Home/Remote Learning below.

The staff have put together extensive remote learning activities via Google Classroom and will continue to deliver this to their pupils via Glow. If anyone is experiencing any technical issues with GLOW/Google Classroom, don't worry - we can sort passwords etc remotely. Please email the school office address office@milton-pri.s-lanark.sch.uk and we will reset any passwords as soon as we are able.

L. James
21/3/2020

ASN Resources (added 20/3/20 by Mrs James)

Please see below links to some excellent resources from Annie Smith for any children with additional support needs. There are some lovely meditation links which I think all children would benefit from.

Resources for ASN pupils

Talking about Covid-19	
Informative video lesson on Covid-19. Parents might need to clarify some of the language used	<ul style="list-style-type: none">• https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/
Newsround videos on Covid-19. Parents are advised to watch first to check suitability for their child.	<ul style="list-style-type: none">• https://www.bbc.co.uk/newsround#more-stories-2
Social stories on Covid-19 and school closures	<ul style="list-style-type: none">• https://blogs.glowscotland.org.uk/er/healthierminds/
Social story on the Covid-19 from The Autism Educator	<ul style="list-style-type: none">• https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf
Social story on Covid-19 from Carol Gray	<ul style="list-style-type: none">• https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf
Downloadable book in different languages to support understanding and reassure children	<ul style="list-style-type: none">• https://www.mindheart.co/descargables

Social story from Mencap

- <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20UPDATED%20130320%20SD%20editsAH.pdf>

Sensory strategies

NHS website for sensory supports

- <https://www.nhsggc.org.uk/kids/life-skills/joining-in-with-sensory-differences/>

Calming strategies

App designed for children with ASD or ASN to relax using animated stories, for ages 3 and up, available on iTunes, Google and Chrome

- **Chill Outz**

Calming meditation

- https://www.calm.com/blog/take-a-deep-breath?utm_medium=email&utm_campaign=715072-free-mindfulness-resources-from-calm&utm_source=lists%2F51225-Ultimate-LoveLife-Makeover-Summit&simplero_object_id=su_eWE1de2opeEQMZht61XBFMVm

Meditation for children

- <https://www.headspace.com/meditation/kids>

Brainstem calmers

- <https://beaconhouse.org.uk/wp-content/uploads/2019/09/Brainstem-Calmer-Activities.pdf>

Lots of ideas for a calm down box for children

- <https://glowscotland.sharepoint.com/sites/SouthLanarkshire/Staff/inclusion/asd/Shared%20Documents/Sensory%20Processing/what-to-put-in-a-calm-down-kit-free-printable-list.pdf>

Sarah Philip guided relaxation for children

- <https://www.sarahphilpcoaching.com/guidedrelaxation>

Visual timetables and supports

Visual supports

- <https://www.easterseals.com/chicago/explore-resources/autism-resources-1.html>

Glasgow Educational Psychology Service has an example of a visual timetable to support children

- <https://twitter.com/GlasgowEPS>

North Lanarkshire Council also have an example of a visual timetable

- <https://twitter.com/SchoolsNlc>

Free Boardmaker symbols on Covid-19

- <https://twitter.com/TinaBoardmaker>

Support for parents

British Psychological Society general advice on talking to your child about Covid-19

- <https://www.bps.org.uk/sites/www.bps.org.uk/files/Policy/Policy%20-%20Files/Talking%20to%20children%20about%20coronavirus.pdf>

Advice for parents

- https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2

Handwashing tips

- <https://www.sensoryintegration.org.uk/News/8821506>

Autism advice line for parents

- <https://www.scottishautism.org/services-support/support-individuals/autism-advice-line-01259-222-022>

Lanarkshire Carers Centre for support for general support for parents

- <https://carers.org/partner/carers-trust-lanarkshire-carers-centre-0>

Other

Site to make washing your hands more fun with your favourite song

- https://washyourlyrics.com/?fbclid=IwAR0zYTMI5GlxJUuWRF8iEEDIR9PUSlhyoGdfJyK2U5g9eNqurto5L_H88-A

Excellent video of a pupil from our own Hamilton School for the Deaf in BSL on handwashing

- <https://twitter.com/HSFDeaf>

Home Learning Packs (added 19/3/20 by Mrs James)

All pupils have been given their personal learning pack today and their Google Classroom access code. For any absent pupils, packs will be ready to collect from the school office from 12.00 today - this will include the Google Classroom access code - if you cannot attend to pick this up, it will be emailed to you. Pupils who are present today have the following letters in their bag.

Parent Letter (see below) – sent 19/3/2020

Dear Parent/Carer,

Your child has been given a small learning pack home which includes some paper based activities. All further resources/lessons/activities will be provided by your class teacher via the Google Classroom tool. Children who have access to Glow will have their RM Easimaths programme available – this will log into their own site automatically, no password required.

I am aware that not all families will have access to the internet and have included a list of other activities which your child could take part in during this time of uncertainty.

Non Internet Activities

Reading – books, magazines, newspaper – anything!

Nature detective/STEM – making pictures with leaves, items in your garden, mini-beast hunt

Multiplication games – buzz, bingo

Board games

Sewing, baking, crafting

Card games

P1/2/3 – read, write, count bag items

Arts and craft activities

Lego -

30 Day LEGO Challenge						
Follow the instructions for each day. The only rule is to have fun and use your imagination!			Day 1 You were hired by an amusement park to create a new roller coaster.	Day 2 NASA needs you to build a new rocket.	Day 3 Your parents want to build a new home and they want you to build it.	Day 4 Hollywood hires you to build a movie set for a new Star Wars movie.
Day 5 You enter a contest to build the world's tallest tower. Will you win?	Day 6 You are stuck on Mars and need to build a new ship to get home.	Day 7 Ford hires you to create the toughest pick up truck in the world.	Day 8 You and 4 friends are stranded on an island. Build a boat to find a way home.	Day 9 Captain Hook needs a new pirate ship and wants you to build it.	Day 10 You and your friends decide to build a tree house.	Day 11 Prince Charming hires you to build a castle for him & Cinderella.
Day 12 Dr. Who hires you to build a new TARDIS.	Day 13 You are asked by the President to build a new monument to George Washington.	Day 14 Mr. Hilton hires you to build a new hotel.	Day 15 There is a circus in town. Build a place for the performance.	Day 16 Help your fellow pioneers build a wagon to make it across the country.	Day 17 Build the fastest car around and join the big car race.	Day 18 Do you wanna build a snowman? Get in the winter mood and build a snow scene.
Day 19 The city wants you to build a bridge to connect one side of the town to the other.	Day 20 Pizza party! It is up to you to make a pizza for all the guests.	Day 21 You are hired to build a brand new hospital.	Day 22 The fence is broke and the dog keeps escaping. Build one he can't get out of.	Day 23 You are now in medieval times. You are commissioned to build a jousting arena.	Day 24 The local bank keeps getting robbed. Build a safe no one can crack.	Day 25 Design and build your dream bedroom.
Day 26 You are elected ruler. Build a flag for your land.	Day 27 Aliens are invading and you need to defeat them.	Day 28 The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is blizzard. You will need to build a snowmobile		What was your favorite day?

what's your name? fit activity for kids

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

The advice and guidance from The Government will inform the future steps and measure we will adhere to and this will be shared as and when we receive this. Again please ensure if you are following our twitter feed that you join using the instructions set below. No direct requests will be granted.

Twitter Joining instructions:-

1. If you do not already have an account, you can join free at www.twitter.com or by downloading the Twitter app.
2. Type @miltonslc into the search bar and then click 'Go to @miltonslc'
3. This will bring you to our Twitter page where you will see a message "This account's Tweets are protected". To join our Twitter page please click the 'follow' button and we will receive and then approve your follow request. However, in order to verify the authenticity of your account due to an unknown twitter name we ask that you please email your twitter handle and full name to - theict@milton-pri.s-lanark.sch.uk account which will allow us to approve your account. For example - @miltonslc Lorna James

I would like to thank all staff within Milton who have been supporting pupils, families and each other during this unprecedented time of global uncertainty. I hope that in the days and weeks to come we can continue to engage with all learners and provide the nurture, support and positivity that we pride ourselves upon here in Milton Primary School.

Keep safe
L. James

Pupil Letter (see below)– sent 19/3/2020

Dear Pupils,

I know this is a very strange time and you may have lots of different feelings at the moment. You may feel scared, worried or perhaps a little excited that school may not be open for a time. All these feelings are absolutely normal. You have all been wonderful at remembering to wash your hands with soap and use a tissue if coughing or sneezing. Keep up this good work at home too.

I understand that if you are in Primary 7 you may be wondering if you will see your friends/buddy again if school does not reopen before the Summer holidays. Please don't worry – we will make sure you are invited back and have your special moments of glory and celebration at a later time. We want you to feel you have the fitting end to your primary education that you rightly deserve.

Your teachers have been working really hard to put together work on Google Classroom. There will be opportunities for your work to be marked and feedback will be given by your teachers and also myself. You will still have contact with your teachers – although it will largely be computer based.

We look forward to welcoming you back to school as soon as we possibly can.

You are all amazing! Keep shining bright and remember at the HEART of Milton is....**YOU!**



Hard-work
Enthusiasm
Achievement
Respect
Team Work

Mrs James 😊

Home Learning - Part 2 (added 18/3/20 by Mrs James)

Please find links below to advise of home learning procedures. All of these letters are in your child's bag today but I have added them here for any children who may be absent. Paper learning packs will be given by the end of the week - these will be emailed to any absent pupils via their Glow account. Google Classroom will also be live at this point - instructions on how to access Google Classroom are also included below. We recognise this is a challenging time for all and a time of great uncertainty, please be assured we will share guidance and advice via our website and twitter when we receive this.

Home Learning Letter (see below) – sent 18/3/2020

Dear Parent/Carer,

Contingency Planning for Remote Teaching and Learning

We are currently experiencing a time of great uncertainty within all aspect of daily living. Education and the wellbeing of all our pupils and staff remains a priority. I hope to assure you that we will endeavour to provide a variety of learning experiences for all pupils at home. We aim to do this in a variety of ways.

- All children will receive a home learning pack from their class teacher by the end of this week which outlines how our internet based activities can be accessed via GLOW. A learning overview will also be provided for those unable to access digital learning.
- A weekly plan of tasks will be uploaded to your child's Google Classroom. All pupils in attendance over the last few days have accessed their Google Classroom page and know how to access this via Glow – www.glow.rmunify.com (Glow username and password can be found in your child's diary). If you do not have this please email office@milton-pri.s-lanark.sch.uk and we will send this to you. A help sheet is included in the pack and also on our school website to guide you through the steps of remote log in to this site.
- Each teacher will be accessing the class page and responding to any **pupil** questions around the given tasks. **This is not a social media chat forum and is for pupil/teacher interactions only.**
- Where possible assignments should be submitted and these will be marked by class teachers.

We will continue to update via our school website <http://www.milton-pri.s-lanark.sch.uk/> and our twitter page. Please remember as we have tight controls on who we allow to access our private twitter page **you must follow these joining instructions** so we can verify your account authenticity. We currently have a number of follower requests but cannot accept these as they have not gone through the joining instructions and we are unable to be certain of the user. The twitter account is for current **parents/carers only**.

Twitter Joining instructions:-

4. If you do not already have an account, you can join free at www.twitter.com or by downloading the Twitter app.
5. Type @miltonslc into the search bar and then click 'Go to @miltonslc'
6. This will bring you to our Twitter page where you will see a message "This account's Tweets are protected". To join our Twitter page please click the 'follow' button and we will receive and then approve your follow request. However, in order to verify

the authenticity of your account due to an unknown twitter name we ask that you please email your twitter handle and full name to - theict@milton-pri.s-lanark.sch.uk account which will allow us to approve your account. For example
- @miltonslc Lorna James

Yours sincerely,
L. James

Home Learning Sites (see below) – sent 18/3/2020

Milton Primary School **Home Learning Pack - Information**



Many companies/websites are offering free access to their products at this time. There is quite an extensive list which continues to grow daily. I have outlined some sites that may help give a variety of tasks which can be undertaken in addition to learning set by class teachers.

Final thought – we all learn at different times and in different ways. Learning is not just about screens and worksheets.....read, bake, talk, play, draw, be kind to one another and most importantly keep smiling.



General/Online Learning	Numeracy Websites
www.bbc.co.uk/bitesize www.bbc.co.uk/cbeebies www.learninggamesforkids.com www.kidsknowit.com www.funbrain.com www.shaunsgameacademy.co.uk https://www.teachyourmonstertoread.com/ www.twinkl.com www.typingclub.com	www.bbc.co.uk/bitesize www.bbc.co.uk/cbeebies www.learninggamesforkids.com www.kidsknowit.com www.funbrain.com www.shaunsgameacademy.co.uk https://www.teachyourmonstertoread.com/ www.twinkl.com https://www.countonus.org.uk/resources/ http://www.snappymaths.com/ http://www.maths-games.org/ https://www.mathsweek.scot/activities
Literacy Websites	Other Curricular Areas
www.topmarks.co.uk www.doorwayonline.co.uk www.spellingcity.com www.storynory.com www.oxfordowl.co.uk https://www.phonicsplay.co.uk/	<p>There are also a number of virtual online tours of various museums online and a number of additional curricular area websites listed below.</p> <p>Outdoor Learning - https://themuddypuddleteacher.co.uk/ Health and Wellbeing https://www.gonoodle.com/ Yoga/Mindfulness https://www.cosmickids.com/</p>

https://www.lovereading4kids.co.uk/kids-zone/ https://www.doorwayonline.org.uk/literacy/	Road Safety https://roadsafety.scot/learning/ Science https://www.natgeokids.com/uk/ Science https://mysteryscience.com/ STEM https://thekidshouldseethis.com/ Science https://wowscience.co.uk/ Project learning https://www.dkfindout.com/uk/ and https://classroommagazines.scholastic.com/support/learnathome.html Art and Design https://www.redtedart.com/ Art and Design https://artfulparent.com/
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Mrs James

Google Classroom Joining Instructions (see below) – sent 18/3/2020

Accessing Google Classroom

GLOW Log in - in child's diary

Class Code (this will be given to the children and emailed to any absent pupils by Friday 20/3/20)

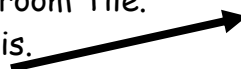
Work has been uploaded by your child's teacher to Google Classroom.
Below are instructions for accessing Google Classroom.

*Log in to the Internet

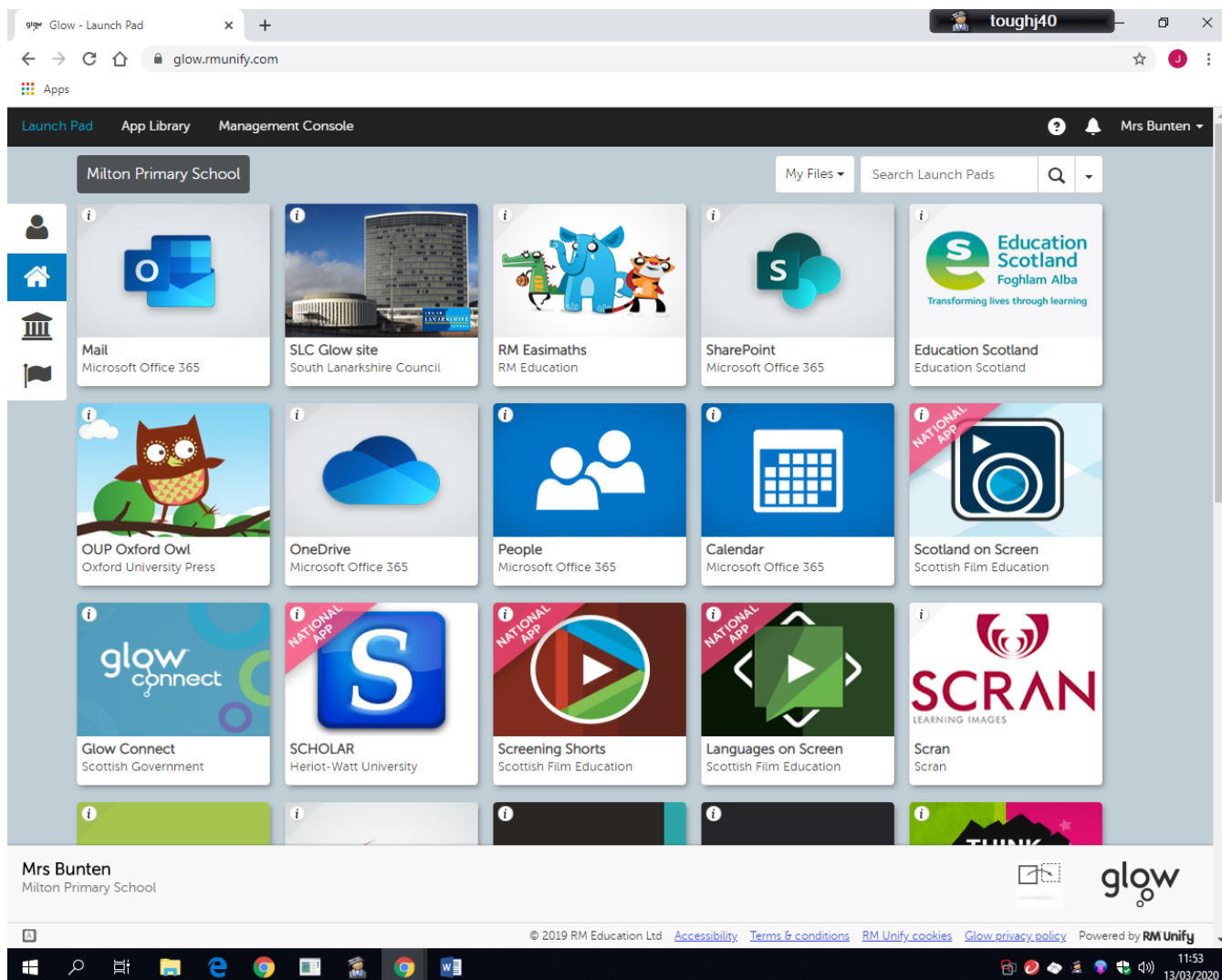
*Google 'GLOW' - <https://glow.rmunify.com/>

*When on GLOW - find the Google Classroom Tile.

It is on the Milton page and looks like this.

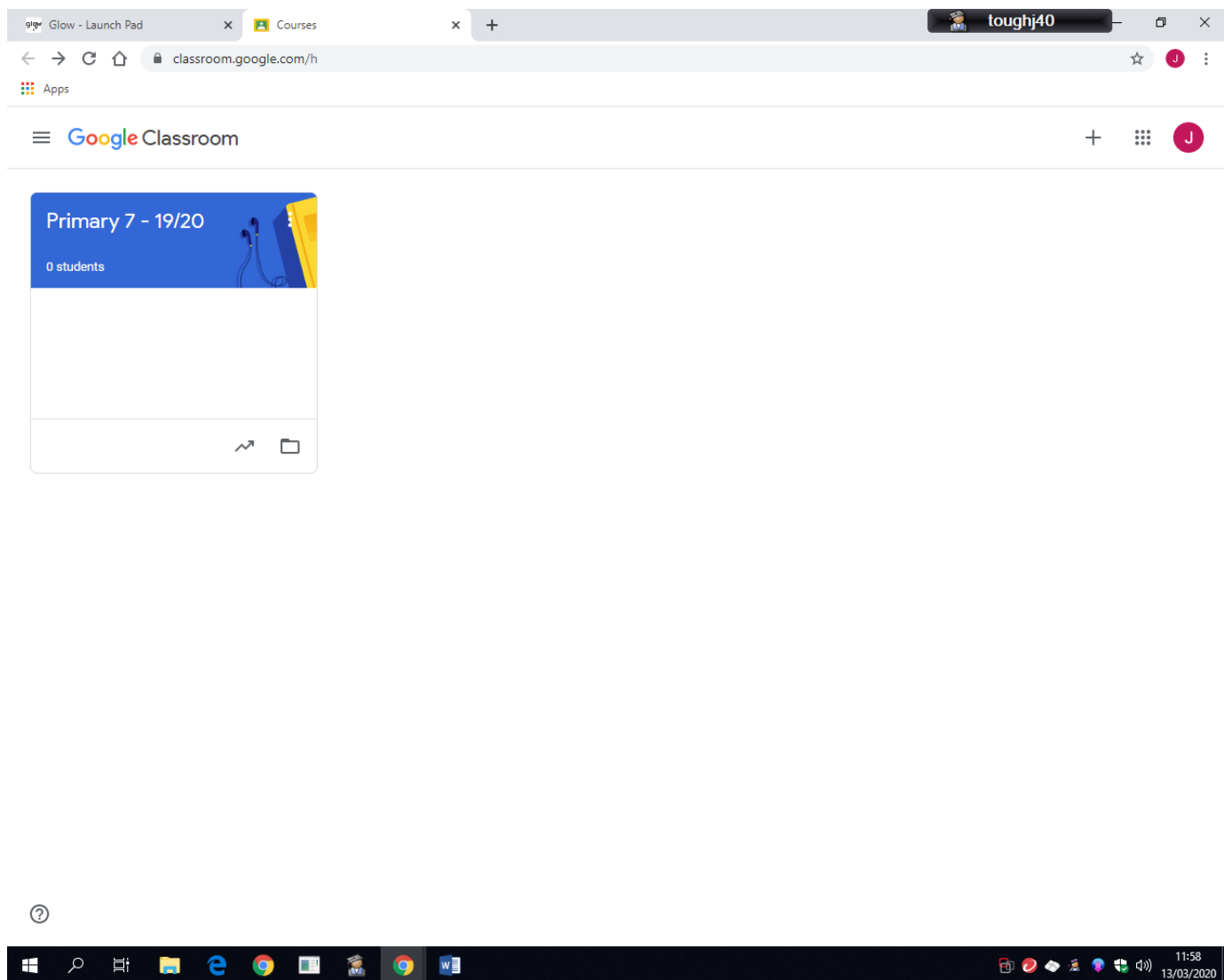


You will have to scroll down to find it. It is nearer the bottom!



*Click on the Google Classroom tile.

You will see a folder named for your child's class. Click on this.



This is now you in your own class folder.

If you are not already a member of the class group then you should request to join the class.

Glow - Launch Pad x Courses x + toughj40

classroom.google.com/h

Apps

Google Classroom

+

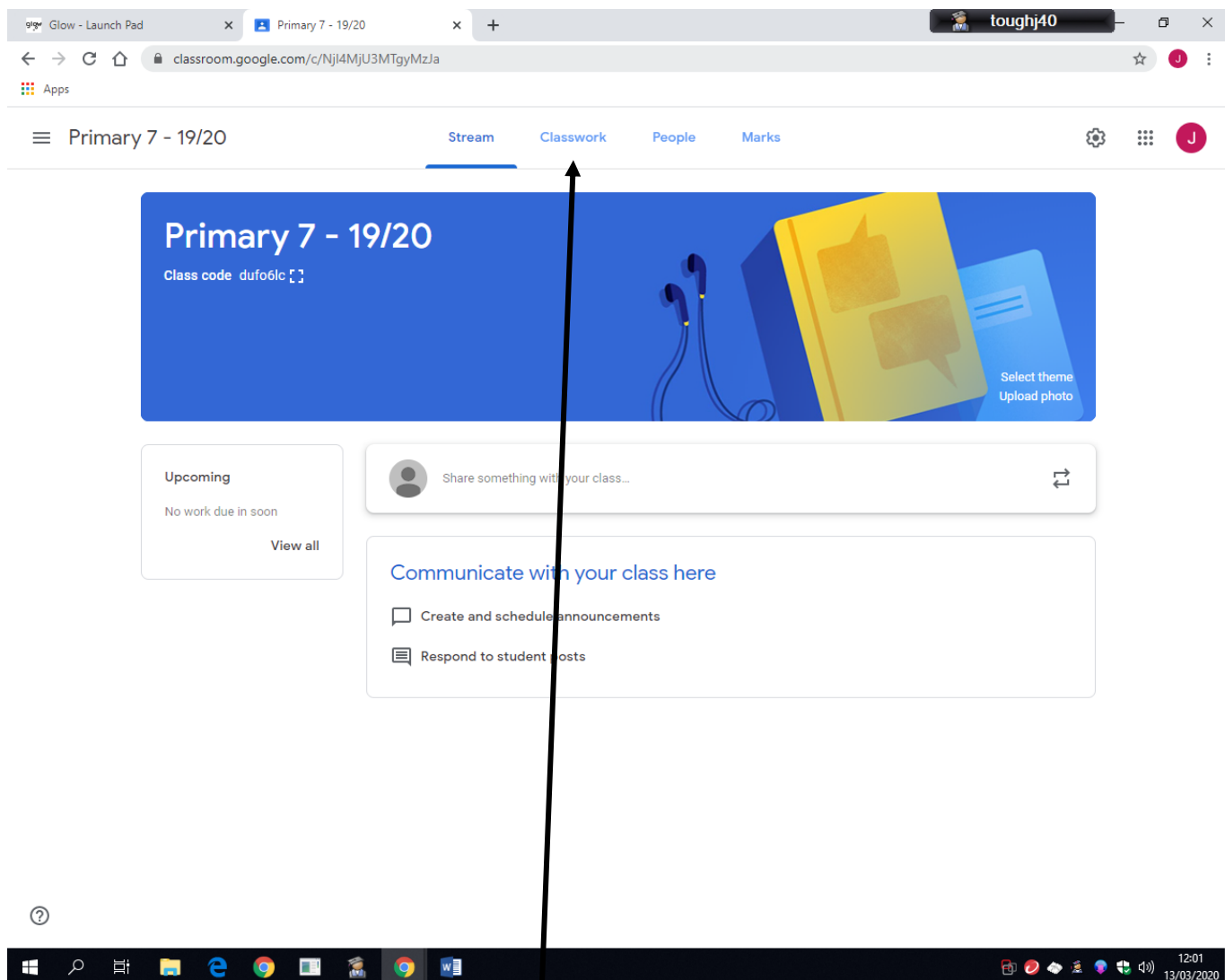
No classes here!

All of your classes have been archived.
You can view them in 'Archived classes' in the Classroom menu.

Click add.
Then select **join a class**.
You will be asked for a
class code. This is at the
top of this sheet.

?

Windows taskbar: File Explorer, Edge, Chrome, Word, 12:06 13/03/2020



Activities and work will be under the 'classwork' menu at the top.

[Google Classroom Joining Instructions](#) (class code will be given to pupil or emailed for anyone not present this week)

Home Learning (added 18/3/20 by Mrs James)

As advised yesterday remote learning packs will be heading home with your child this week. Glow log in details are in your child's diary and more information will follow via pupil post. If your child is absent from school, please email the school office at **office@milton-pri.s-lanark.sch.uk** and we will be able to send your child's log in details to you. Please continue to keep an eye on the website and twitter for any new information, advice and updates.